

HEALTH AND WELLBEING BOARD

Minutes of the meeting held at 1.30 pm on 30 January 2020

Present:

Councillor David Jefferys (Chairman)

Councillors Marina Ahmad, Yvonne Bear, Mike Botting,
Mary Cooke, Judi Ellis and Diane Smith

Kim Carey, Director: Adult Social Care
Rachel Dunley, Head of Service: Early Intervention and Family
Support
Dr Nada Lemic, Director: Public Health
Carol Whiting, Children's Services

Dr Angela Bhan, Managing Director: Bromley Clinical
Commissioning Group
Harvey Guntrip, Lay Member: Bromley Clinical Commissioning
Group
Jim Gamble QPM, Independent Chair: Bromley Safeguarding
Children Board
Christopher Evans, Community Links Bromley

50 APOLOGIES FOR ABSENCE

Apologies for absence were received from Councillor Gareth Allatt, Councillor Robert Evans, Councillor Keith Onslow, Mina Kakaiya, Dr Andrew Parsons and Lynn Sellwood.

Apologies were also received from Janet Bailey and Carol Whiting attended as substitute.

The Chairman welcomed Marg Mayne, Chief Executive – Mytime Active and Matthew Eady, Regional Manager – Mytime Active. Board Members were advised that Matthew would shortly be leaving Mytime Active, and thanks were extended for all the work he had undertaken.

51 DECLARATIONS OF INTEREST

There were no declarations of interest.

52 MINUTES OF THE MEETING OF HEALTH AND WELLBEING BOARD HELD ON 21ST NOVEMBER 2019

RESOLVED that the minutes of the meeting held on 21st November 2019 be agreed.

53 QUESTIONS BY COUNCILLORS AND MEMBERS OF THE PUBLIC ATTENDING THE MEETING

No questions had been received.

54 PHYSICAL ACTIVITY AND MYTIME ACTIVE UPDATE

The Board received a presentation from Gillian Fiumicelli, LBB Head of Vascular Disease Prevention Programme, Debra Weekes, Mytime Partnerships Manager and Diane Friday, Active Lifestyles Programme Manager, Mytime Active. The presentation provided the health and wellbeing benefits of physical activity; a brief overview of what was happening in Bromley; and an update from Mytime Active.

Inactivity was having a serious impact on both mental and physical health. Since the 1960's, adults were over 20% less active, and this would increase to 35% by 2030. Physical inactivity was responsible for one in six deaths; up to 40% of many long-term conditions; and around 30% of later life functional limitation and falls. The annual cost of physical inactivity was estimated to be £7.4 billion.

The results of the Sport England Active Lives Survey 2019 indicated that adults in Bromley were slightly more active than the national average, but over 30% were not taking the recommended thirty minutes of activity per day. To help address this, the Pro-Active Bromley Strategic Framework 2017-2022 had been developed. There were a number of aims, including to support the increased participation in sport and physical activity across the Borough; to reduce the number of inactive people; and to encourage regular and sustainable activity habits for those new to physical activity. There would be a focus on under-representative groups, and on encouraging more disabled people into activity. One of the key members helping to achieve this was Mytime Active.

The Mytime Partnerships Manager informed Members that Mytime Active was a social enterprise – an independent charity that reinvested all profits back into facilities, services and programmes. Work was also undertaken within local communities, providing support and funding for a range of projects and partnerships aimed at improving wellbeing. They were an integrated wellbeing provider and trusted experts in the areas of healthy lifestyles, fitness, nutrition and childcare, and offered a wide range activities. Mytime Active also delivered specialist social, health and wellbeing programmes, providing targeted support.

One of the programmes that Mytime Active delivered for older people was their 'Primetime Programme'. Since July 2018, the programme had expanded, with an increase of:

- weekly activity sessions (from 85 to 100);
- members (from 2,736 to 3,251); and,

- volunteer 'Primetime Buddies' (from 24 to 30).

It was noted that the 'Primetime Buddies' were instrumental in helping assist older people getting into facilities, and acting as health mentors. The 30 volunteers carried out over 3,800 sessions of activities. In addition, there were now dedicated Primetime staff and an annual programme of social events. Programmes had been developed, such as strength and stability; senior circuits; and 'Remember to Move' classes. Community classes had also been held in areas such as Biggin Hill, Farnborough Village and Petts Wood.

In response to a question, the Mytime Partnerships Manager said that feedback received from older service users indicated that they preferred sessions to take place in the morning or afternoon, and not during evenings and weekends. This had been a challenge in terms of using venues such as schools, as the timings did not always coincide. It was suggested that consideration could be given to running sessions in school venues during the school holidays.

The 'Leisurecare' offer for adults with learning disabilities was continuing to be run, with four sessions taking place per week. Participants paid for half or full day sessions, with a varied programme of activities including gym sessions, swimming, golf, sports hall activities and zumba. A link had been established with Bromley Adult Education College, who were offering arts and crafts sessions throughout the year. There had been an increase in numbers, with over 65 attendees attending every week.

The Active Lifestyles Programme Manager, Mytime Active informed Members that Bromley CCG had a three-year contract for the 'Exercise on Referral' programme. This was a programme where people with long-term health conditions such as diabetes, high blood pressure or cardiac heart disease increased their physical activity levels by regularly using local leisure centres, following referrals from healthcare professionals or via the Community Cardiac Programme. All other referrals were self-funded at concessionary rates. Referrals came into a 'hub', and were triaged and signposted onto the most appropriate programmes, which included:

- Fresh Start Exercise Referral Programmes (a supervised physical activity programme for those recovering from illness or those diagnosed or living with a long-term medical condition);
- Heart Start Exercise Referral Programmes (a supervised specialist session for secondary prevention for cardiovascular disease);
- ESCAPE-pain (a group-based, NICE-approved rehabilitation programme for the management of osteoarthritis of the hip and / or knee);
- FSF (circuits, gym, Managing Arthritic Pain classes and new programmes on Functional Fitness and aquatic exercise would also be piloted); and,
- Mytime Active Golf on Referral (fun, interactive sessions combining group activity sessions on improving health and wellbeing and learning to play golf or brushing up on basics skills).

Sessions took place at leisure centres across the Borough, during the week and weekends, at various times of the day. The programme consisted of twelve

supervised sessions with a Level 4 Exercise Specialist. Initial and Completion Assessments were undertaken and included manual pulse and blood pressure checks. Following completion, service users were offered access to reduced health memberships for continued exercise benefits, and follow-ups took place at six and twelve months post-completion. From April 2019 to date, 1,400 referrals and 9,500 attendances had been recorded.

In response to a question, the Active Lifestyles Programme Manager, Mytime Active advised Board Members that the follow-up at six and twelve months post-completion indicated that those service users who had dropped out had done so due to illness, or flare up of a medical condition. They then tended to be re-referred at a late date, once it was under control again.

Areas for development included targeting more inactive people through programme and facility developments including:

- programme development for exercise referral (e.g. Functional Fitness, Escape Pain for Backs, Aquatic Exercise on Referral);
- Mind and Body Studio at The Spa, Beckenham;
- Monthly Workshops;
- Community provision for older people and access to a wide variety of physical activity sessions.

A Member emphasised that the ESCAPE-pain programme was excellent, but questioned if the required resources were available to meet increased demand if the offer was expanded. The Active Lifestyles Programme Manager, Mytime Active confirmed that back-to-back sessions were being held every six weeks, and currently there was no waiting list. Assurances were given in terms of staffing capacity to deliver this programme.

There was constant scrutiny of programmes, and looking for ways to develop them further. Mytime Active were asking for support from Board Members to spread the message through their networks – to promote the benefits of physical activity to healthcare professionals and the exercise referral programmes to targeted patients.

In response to a question, the LBB Head of Vascular Disease Prevention Programme said that there were some groups that they had a particular interest in, however they had not focussed on specific cultural groups. There were some disease specific programmes, and some that were language based. A Member highlighted that other Boroughs ran women only swimming sessions, which had proved extremely popular, and asked if this was offered by Mytime Active. The Active Lifestyles Programme Manager, Mytime Active responded that this was not something that they had received requests for, but it was certainly something that could be easily facilitated and piloted.

A Member asked whether there was the potential for a Bromley app that could send notifications to publicise health and wellbeing events that were taking place. The Independent Chair of the Bromley Safeguarding Children Board noted that the Bromley Safeguarding Partnership app and the Private Fostering app were

currently being adapted to allow 'push notification' to be sent for events, and they would be willing to include information on events run by Mytime Active. The LBB Communications Executive said that information could also be retweeted by the LBB Twitter account, and included in newsletters.

The Chairman highlighted that there had been a recent push in respect of 'Brain Health', and promoting the evidence of exercise in preventing some of the risks of dementia. It was suggested that the 'badging' of programmes could be considered to remind people of the additional benefits of exercise. The Mytime Partnerships Manager agreed, and noted that the majority of their programmes would support 'Brain Health'. Mytime Active were part of the Bromley Dementia Action Alliance, looking to improve facilities to be more dementia-friendly, and the 'Primetime Buddies' provided daily support to members with dementia in helping them to continue exercising. The outreach of the 'Remember to Move' pilot had also been extended to new people through Dementia Cafés. This was an exercise class with a time to socialise afterwards. The pilot had been extremely successful, and they hoped to roll it out to more facilities.

The Chairman thanked Gillian Fiumicelli, Debra Weekes and Diane Friday for an excellent presentation, and invited them to return to the Health and Wellbeing Board to provide an update in twelve months' time.

RESOLVED that the presentation be noted.

55 BROMLEY LOCAL CAMHS TRANSFORMATION PLAN

The Board considered a presentation from the Associate Director of Integrated Commissioning, Bromley CCG providing an update on Bromley Children and Young People's Mental Health and Wellbeing Services, towards a refreshed transformation plan 2020/21.

Bromley Council (LBB) and NHS Bromley CCG (BCCG) commissioned a range of services to support the mental health and wellbeing of children and young people in the Borough. Whilst there were a range of different services in the area, the core mental health and wellbeing offer centred on the provision of the Wellbeing Service for Children and Young People (Bromley Y) and Children and Adolescent Mental Health Services – CAMHS (Oxleas NHS Foundation Trust). The dual service model was originally established in 2014/15, since which a strong joint working partnership had been developed between the two services.

The NHS Long Term Plan had a target to increase access to children and young people's mental health and wellbeing services. The South-East London Sustainability and Transformation Partnership (STP) had been monitoring this target across the six boroughs of south-east London. Bromley had consistently out-performed its neighbours, with the NHS / Voluntary and Community sectors (VCS) model at the heart of the area's success in meeting this target. However there were some significant challenges, including the year on year increase (since 2013/4) in the number of mental health emergency presentations at Accident and Emergency (A+E). A Member noted that over a third of the emergency

presentations at A+E had 'parental health issues' listed as a factor, and asked if details of the types of issues this referred to were known. The Associate Director of Integrated Commissioning advised that work on "deep dives" was currently being undertaken to analyse this, and an update could be provided to the Board once completed.

In response to a question, the Associate Director of Integrated Commissioning advised that early indications showed that the children and young people presenting at A+E were not known previously by CAMHS, Wellbeing services or GPs. In terms of outreach, it was noted that schools could play a major role and support was needed to help them identify issues earlier.

In seeking to put in place the right future model for children and young people's mental health and wellbeing services, supported was provided by a "deep dive" Joint Strategic Needs Assessment (JSNA) project into this area in 2018. The results of this analysis showed an increase in the number of young people being seen by CAMHS services in Bromley, and the highest numbers of issues were identified as relating to 'home' and 'school'. It was noted that this would also be an area that would be looked at in more depth via a "deep dive".

Since 2015, all NHS CCGs in England had been required by NHS England to have an agreed annual local CAMHS transformation plan. Since these plans were first put in place, Bromley CCG had worked closely with LBB to develop joint plans, which had been informed by the work of the Health and Wellbeing Board. Bromley's joint CAMHS transformation plans had been particularly well-received nationally. Last year's plan was accredited as "green" by the National Society for the Prevention of Cruelty to Children (NSPCC), meaning the plan "made explicit use of data from service provision and the Joint Strategic Needs Assessment (JSNA) about children and young people vulnerable to mental health problems and also uses data to assess local need and inform service provision".

The 2020/21 plan was currently in development, with engagement taking place across LBB and the CCG, as well as with providers, children, young people and families. The development of the draft 2020/21 CAMHS transformation plan refresh built on the outcomes of the Bromley Children and Young People's Joint Strategic Needs Assessment (JSNA) in 2018. The plan also highlighted a number of key projects to improve children and young people's mental health and wellbeing in Bromley. These included the Bromley Wellbeing/CAMHS Integration and Four Week Wait Pilot; Wellbeing in Schools; the CAMHS in-reach into children's social care and the Youth Offending Service; and a digital offer and online counselling (Kooth.com).

It was noted that the delivery of short waiting times into specialist CAMHS was a challenge across England. Bromley had been successful in receiving funding from NHS England/Improvement to pilot new ways of working to transform the CAMHS provision, with shorter waiting times and an improvement in outcomes for children and young people. In Bromley, the delivery of the Bromley Wellbeing/CAMHS Integration and Four Week Wait Pilot had been identified in relation to the further integration of the NHS/voluntary sector delivery model, with improved joint working across the entire pathway of services and clinical input into the Single Point of

Access (SPA). The LBB and CCG had agreed to put in place a new joint service model for the Wellbeing Service by March 2021, ending the situation where they both commissioned this service separately.

Bromley was one of twelve areas successfully chosen as a 'Wave 1' area for the Government's Transforming Children and Young People's Mental Health Programme. The Wellbeing in Schools service pilot scheme had been rolled out to half the schools in Bromley, providing a tailored offer of mental health and wellbeing support. The first batch of data from the scheme would be analysed with the Director of Education the following week. It was noted that the other Bromley schools not involved in the pilot were linked up with other services within CAMHS. In 2019, Bromley were also invited to take part in the national Department for Education/Anna Freud Centre Mental Health Schools Link Programme. This would see two programmes held in the Borough during May and June 2020.

A key priority for LBB and the CCG was to improve joint working between children's social care and children and young people's mental health and wellbeing services. It was recognised that many of the children and young people being supported by services required input from both social care and CAMHS. There was ongoing work to develop an "in-reach" service for CAMHS into children's social care. Early support had been extended to social care teams, with CAMHS practitioners leading workshops with social work teams to help them better recognise mental health problems. It was noted that there was a strong health offer into the Youth Offending Service (YOS), including an embedded CAMHS clinician. This enabled strong joint working between CAMHS and YOS caseworkers. The CCG also funded a "liaison and diversion" post in the YOS, who worked with Bromley Wellbeing and other services, to look at ensuring there was the right community and wellbeing support for children and young people in the YOS.

All CCGs in south east London had commissioned a fourteen-month 'online counselling' pilot, "Kooth.com" which was provided by Xenzone. This was an online service which offered counselling to young people (aged 10-19, and up to 25 where there was an additional need). Young people were involved in the co-production of this digital site and there was a clear view that there were strengths to this model. Bromley was seeing a consistently higher use of Kooth services than any of the other CCGs in south east London. The reasons for this would be explored as part of the next steps for the service. The six CCGs had agreed to extend the pilot, with a consistent offer up to age 25, and a greater focus on Children Looked After (CLA) as a group at higher risk. In response to a question, the Associate Director of Integrated Commissioning said that as well as CLAs, they also recognised the increase in the number of children with Special Guardianship Orders (SGO). Initial conversations would be taking place with Children's Social Care in relation to how these children could be supported.

The next steps planned in relation to Bromley Children and Young People's Mental Health and Wellbeing Services included:

- ongoing engagement on the CAMHS transformation plan, with NHS assurance work on a joint plan;

- CAMHS transformation steering groups would take place in February and March 2020 to receive updates on the four week wait and Wellbeing in Schools pilots;
- ongoing work to develop an in-reach model from CAMHS into children's social care; and,
- ongoing monitoring of levels of emergency admissions of Bromley children and young people.

A Member noted that Bromley Y and CAMHS used different IT systems, and asked if there was any investment planned to upgrade them. The Associate Director of Integrated Commissioning responded that improved IT was planned across Bromley Y and CAMHS. It had been specified that the two teams needed to work together, and a data sharing agreement would be in place.

A Member highlighted that the highest suicide rates were related to young men, and asked if interventions were being made available to this group early enough. The Associate Director of Integrated Commissioning responded that they could improve on how they reached out to young men, and work to address this was in progress. A thorough plan was being put together, they were talking to providers, and some pilot schemes were already in place. The Director of Education said that there had been an increase in the universal and targeted offer through schools, and the national Department for Education/Anna Freud Centre Mental Health Schools Link Programme. It was hoped that in the future, the Wellbeing in Schools service could be extended across all schools. The Director for Public Health advised Members that a report on the overall pathway for adult and children's mental health prevention would be presented to the Board later in the year.

Members noted that the report highlighted a definite trajectory of improvement, which was attributed to the CAMHS professionals on the front line. This was making a huge difference to the lives of children and young people at a difficult time, and thanks were extended to all those involved in this work.

RESOLVED that the report be noted.

56 SEND REFORMS UPDATE

Report CEF19025

The Board considered a report on the outcome of the Bromley Local Area SEND Inspection.

As reported at the previous Board meeting, the Ofsted and Care Quality Commission (CQC) SEND Local Area inspection had been announced on Monday 9th September, and took place between 16th and 20th September 2019. The inspection had considered the effectiveness of the Bromley local area in implementing the SEND reforms and determined whether the Council or CCG would be required to submit a Written Statement of Action.

The inspection had focused on three key areas:

- How effectively the local area identified children and young people with special educational needs and / or disabilities;
- How effectively the local area assessed and met the needs of children and young people with special educational needs and / or disabilities;
- How effectively the local area improved outcomes for children and young people with special educational needs and / or disabilities.

The inspection outcome letter had been finalised in November 2019, however due to the pre-election 'Purdah' period, Ofsted were not able to publish the letter until after the General Election. The inspection report (dated 8th November 2019) was published on Monday 23rd December 2019. The letter outlined the findings from the inspection, including areas of strengths and some areas identified for further improvement.

Through the self-evaluation of the local area, the Council, CCG and other partners had been able to provide inspectors with areas of strength, including evidenced examples of good practice and sustained improvement. Examples of good practice had included:

- Leaders know the local area's demography and geography. They were aware of the diverse needs of their communities. They deployed resources to those areas with the greatest need.
- Elected members of Bromley Council supported leaders in prioritising improvements for children and young people with SEND. For example, the council had invested in high needs funding and created new jobs for officers and healthcare professionals to strengthen operational delivery.
- Jointly funded services enabled children and young people with very complex needs to access good quality provision without delay.

The self-evaluation also set out eighteen key areas for improvement, under which the local area would maintain the shared focus to achieve ambitions for children and young people who had SEND. It was noted that the recommendations identified aligned closely to the areas for improvement identified by the local area, with no unexpected surprises. In response to a question, the Director of Education said that work in relation to the eighteen areas identified was already underway as part of an Action Plan. In relation to the profile and content of the Local Offer, a Local Offer Designated Officer (LODO) had been recruited to work with groups and drive forward improvements.

The self-evaluation had been judged secure by Inspectors, indicating that the Council, CCG and other partners knew the local area well, and had an accurate view of the performance and quality of services. The local area had been found to have made sufficient progress and was not required to submit a Written Statement of Action. However, it was recognised that further work needed to be done to achieve the excellence in services aspired to. This had been evident in some of the feedback and discussions the inspectors had with parent carers, in that improvements in the lived experience for families had not been felt consistently by all families across the local area.

The Associate Director of Integrated Commissioning, Bromley CCG said that it

was pleasing to see the areas of strength that had been identified, and that the workforce should be congratulated on the partnership work undertaken. However the areas of challenge had been noted and they would not rest on their laurels.

In response to a question, the Director of Education said that engagement was a key area of focus, and a number of new initiatives had been introduced. This included 'SEND Matters', a monthly newsletter which was sent to over 1,000 subscribers; and 'SEND Matters Live' face-to-face sessions, for which parents chose the theme of the presentation.

In respect of Education, Health and Care Plans (EHCP), the Director of Education advised that nationwide, there was a huge demand for statutory assessments, with a 30% increase being experienced year on year. This was an area of continued focus, and the outcome of a national review by the Department for Education was awaited.

A Board Member highlighted that the process in relation to Occupational Therapy was often blurred. The Director of Education noted that this was another big priority which had been identified prior to the inspection. It was a complex issue, but progress was being made.

RESOLVED that the Ofsted and CQC Local Area SEND Inspection outcome letter be noted.

57 BROMLEY COMMUNICATIONS AND ENGAGEMENT NETWORK ANNUAL REPORT

Report ACH20-008

The Chief Executive of Your Voice in Health and Social Care presented the Bromley Communications and Engagement Network – Activity Report 2019.

The Bromley Communications and Engagement Network aimed to contribute to the improvement of healthcare and wellbeing outcomes for Bromley residents. It was an operational group, the membership of which was representative of the whole community and worked in a joined-up way to engage local communities, share intelligence about the views of Bromley residents and join forces to communicate important information to local people. Having such a strong and co-ordinated partnership approach to Communications and Engagement in Bromley had attracted attention from across London and beyond. The Communications and Engagement Network had been used as an example of best practice for partnership working by NHS England, featuring in national webinars and at a presentation to Sustainability and Transformation leaders across London.

Bromley CCG had to undertake an annual assurance process with NHS England and Improvement to assess how it was meeting statutory duties in relation to community and public engagement. For the third year running, Bromley had received an 'outstanding' (green star) rating, and was the only CCG in London to meet every single criteria that was measured as part of the assessment.

Campaign activity during 2019 had included the Bromley public flu campaign, which was targeted at communities that had higher incidences of emergency hospital admissions due to respiratory conditions. It was noted that Bromley had been amongst the highest achieving boroughs for flu vaccinations in London over the 2018/19 flu season.

The Chairman and Director of Public Health extended their thanks to the Bromley Communications and Engagement Network for all the work they had undertaken.

RESOLVED that the report be noted.

58 BROMLEY SAFEGUARDING CHILDREN BOARD ANNUAL REPORT

Report CEF19023

The Board considered the Bromley Safeguarding Children Board Annual Report 2018/19, presented by Jim Gamble, Independent Chair of the Bromley Safeguarding Children Board.

The annual report of the Bromley Safeguarding Children's Board (BSCB) covered the period from April 2018 to March 2019. It was a statutory requirement for safeguarding partnerships to publish this report under section 14A of the Children Act 2014. In line with statutory guidance, the report would be submitted to the Chief Executive, Leader of the Council, the local police and crime commissioner and the Chair of the Health and Wellbeing Board.

In 2018/19, the BSCB oversaw multi-agency child safeguarding arrangements across Bromley and was comprised of senior leaders from a range of different organisations. Its two basic objectives were to co-ordinate the safeguarding work of agencies and to ensure that this work was effective.

The Children and Social Work Act 2017 legislated that Local Safeguarding Children Boards were to be replaced and transitioned into new safeguarding children partnerships by September 2019. Under the new legislation, the three safeguarding partners (local authorities, police, and clinical commissioning groups) were required to make arrangements to work together with relevant agencies (as they consider appropriate) to safeguard and protect the welfare of children in the area. Since then, the new structures had bedded in, and the BSCB has been replaced by the Bromley Safeguarding Children's Partnership (BSCP).

The report focused on the BSCB's work undertaken up to April 2019, and was a transparent assessment of the effectiveness of safeguarding and the promotion of child welfare in Bromley. It set out the governance and accountability arrangements for the BSCB, providing information about the structures in place that supported the BSCB to do its work effectively, as well as the roles of partners, including Designated Professionals and lay members. It was noted that it had been a year of instability for many partners, with major organisational changes within the police and National Probation Service. However, data demonstrated that

the Early Intervention services continued to perform strongly, and other services such as the MASH were continuing to mature and strengthen.

The report also provided context for safeguarding children and young people in Bromley, including the Ofsted improvement journey and re-inspection during the reporting year. It highlighted progress made by the partnership across a range of areas (e.g. Early Help, Private Fostering, CSE, Missing and Gangs and the work of the Local Authority Designated Officer), as well as the challenges going forward. The top priority for the partnership this year was the health and wellbeing of the workforce, with caseloads at a much better rate than pre-2016. There was also the continued commitment to look at a strategic approach to vulnerability and considering issues such as County Lines, Child Sexual Exploitation, radicalisation, and harmful practices within vulnerability, rather than as separate issues.

Through its Learning & Improvement Framework, the BSCB had identified a number of lessons, including: Learning Reviews; the BSCB's Practitioners Survey; and multi-agency audits on early years, drug and alcohol misuse and vulnerable adolescents.

In response to a question, the Independent Chair of the Bromley Safeguarding Children Boards said that areas of concern included mental health, as this was often a thread that ran through serious case reviews and the mental health and wellbeing of the workforce as demand increased. However it was noted that there was the opportunity to forge strong relationships with schools, with the aim of encouraging children to make better decisions at various points in their life. Members were advised that the "number one" reason for children calling ChildLine was related to self-esteem and mental health, and reason "number two" was due to them being unhappy at home. Research had shown that children in Bromley had access to mobile phones at a younger age, which meant they could also be subject to online bullying much earlier.

A Member asked if work was being undertaken in the Borough in respect of FGM and girls being taken out of the country during school holidays. The Independent Chair of the Bromley Safeguarding Children Boards responded that a learning review had taken place the previous year in relation to FGM. It was noted that the source country was a factor, however consideration needed to be given to all other elements of life. A couple of cases had been highlighted recently, but they did not identify as being anything other than historic incidents. It was noted that definitions needed to be more clearly defined. Members were advised that a new FGM app for Bromley was now available, which would send 'push notifications' during the season of highest risk. An Executive Summary of the FGM review undertaken would be shared shortly.

The Chairman suggested that a report from the Bromley Safeguarding Children's Partnership be provided to the Health and Wellbeing Board on a six-monthly basis, providing an update on emerging trends, themes and patterns.

The Chairman led Board Members in commending Jim Gamble for the excellent work of the Bromley Safeguarding Children Board during 2018/19.

RESOLVED that the Bromley Safeguarding Children's Board Annual Report 2018/19 be approved.

59 ANNUAL PUBLIC HEALTH REPORT - OUTLINE OF STRUCTURE

Report ACH20-009

The Board considered a report providing an update on the development of the Annual Public Health Report 2020.

All Directors of Public Health produced an Annual Public Health Report (APHR) to raise the profile of emerging health issues or to highlight an area of particular interest to a wide variety of audiences. The 2020 APHR for Bromley would focus on Sexual Transmitted Infections, which was a significant public health challenge, and a national and local priority.

The Public Health team had recently completed a Needs Assessment focussed on Sexual and Reproductive Health Needs in Bromley and the findings from this needs assessment would set the focus of the APHR. The key findings from the Sexual Health Needs Assessment showed:

- A total of 2,082 new Sexually Transmitted Infections were diagnosed in residents of Bromley in 2018 (1,140 in males and 937 in females, 5 were not recorded), a rate of 632.1 per 100,000 residents.
- The 'at risk' populations continued to be young people aged 15-24 who were at highest risk of Chlamydia infection; and MSM and Black African / Caribbean ethnic groups who had the highest rates of new Sexually Transmitted Infections in Bromley.
- Based on the diagnostic rates (diagnostic rates were used as a proxy for incidence) this indicated there was also a steep rise in the incidence of Gonorrhoea and Syphilis in recent years, and due to their resistance of current treatment, a more targeted approach was required.

The APHR would describe the major Sexual Transmitted Infections as a communicable disease and the report would be used as a tool for raising awareness.

It was noted that the Information Item relating to the Sexual Health Needs Assessment would help to inform the APHR, and further feedback would be provided to the Board as work progressed.

RESOLVED that the update on progress towards the Annual Public Health Report 2020 be noted.

60 PRIMARY CARE COMMISSIONING UPDATE / PLACE BASED BOARD

Report ACH20-013

The Board considered a report providing an update on changes, challenges and progress in primary care during 2019.

The report provided by Bromley CCG covered the major areas of progress and development over the last twelve months, and key challenges and opportunities for coming years. This included the introduction and embedding of Primary Care Networks as a significant new way of working together in general practice; the changes to Bromley's practices and population during 2019; primary care workforce and premises as two of the biggest challenges faced in Bromley; and some of the successes of locally prioritised commissioned services to increase vaccination and screening rates.

The Managing Director, Bromley CCG advised Members that the merger of six CCG's would be completed to create a single South East London CCG from 1st April 2020. Staff consultation had taken place, and they were working towards Delegated Authority. The proposed Bromley Based Board would be a joint LBB and CCG committee that would be established by mid-May 2020, as an oversight group looking at the services to be commissioned and the strategies to be adopted. The membership of the Board would include two local GP's, Dr Andrew Parson and Harvey Guntrip as a Lay Member. It was hoped that the full membership would be confirmed shortly.

In January 2019, following the publication of the NHS Long Term Plan, a number of reforms to the core GP contract were announced including a mandate to develop Primary Care Networks (PCNs) across all local areas. All 44 of the GP practices in Bromley were included within eight PCNs and had networks covering populations of between 30,000 and 50,000 patients. All PCNs were required to provide 30 minutes per week of extended hours access to doctor or nurse appointments per 1,000 patients on PCN member practices' registered lists. Extended hours had been in place in all eight PCNs since October 2019 or earlier, and offered appointments during evenings or weekends.

One of the biggest challenges was staffing of GP practices. To help address this, clinical pharmacists and social prescribers were being placed in every PCN. Future roles were also being developed that would see more advanced practitioners and paramedics placed within the PCNs, for a more wide-ranging approach.

A Member noted that as part of the Urgent Response Network, South East London had been selected as an accelerator site for an additional Urgent Response team, which was welcome news.

The Chairman noted that the last meeting of the Bromley CCG Governing Body would be taking place in March 2020, and extended his thanks to the CCG Members for their contribution to the Health and Wellbeing Board.

RESOLVED that the report be noted.

61 RAVENSBOURNE SCHOOL'S PERIOD POVERTY PILOT SCHEME

The Director of Public Health informed Board Members that she had received a response from Benjamin McGowan, Bromley Youth Council in relation to the Ravensbourne School's Period Poverty Pilot Scheme. Following conversations with the Red Box Project, they had been made aware that the Government's own plans to tackle period poverty would be rolled out. They had been waiting for this to happen in order to participate in the national scheme.

From 20th January 2020, the Government had announced that there would be access to free period products in schools and colleges in England, with immediate effect, as part of their bid to tackle 'period poverty'.

Members suggested that information relating to the national scheme should be circulated to all schools.

RESOLVED that the update be noted.

62 FUNDING APPLICATION FOR SHAPING PLACES FOR HEALTHIER LIVES

Report ACH20-010

The Board considered a report providing information on a funding application for 'Shaping Places for Healthier Lives'.

The Health Foundation had made a grant available that the Council had applied for. The potential grant was £300k over three years. The funding was for an innovative programme of work that considered and positively impacted upon the strongest determinant of health. The Health Foundation was working on this new programme with Local Authorities, and they had been invited to submit an Expression of Interest (EOI) by 17th January 2020. Bromley had submitted an EOI for 'Housing and Place' to help support the wider determinants of health for people that were homeless.

In 2017, Public Health, with the support of colleagues in Housing and Bromley CCG undertook a health audit of those living in Temporary Accommodation. There were some clear evidenced links between living in Temporary Accommodation and the affect on peoples mental and physical health. The audit also identified a complex system of other wider health determinants, including the impact of people to secure training and or employment whilst living in nightly paid accommodation.

Bromley was delivering a number of Council owned housing developments for the first time in circa 30 years. As they were Council owned they would provide more secure tenancy options for people who were previously living in expensive nightly paid accommodation. Together with the reduction in costs for the Council, importantly the new homes would provide a safe place for people to live and improve their lives and health.

With the grant, the Council would utilise the community connections made through the Council's own learning shops and the new housing developments being developed by the regeneration team, to invest in:

- Training opportunities for those families moving into the housing development;
- Local Community engagement opportunities;
- Improved green spaces nearby for families in the accommodation, that promoted wellbeing;
- Help people moving into the accommodation to secure employment; and,
- Help people move to permanent housing, reducing costs for the Local Authority and improving wider health for individuals.

In doing this Public Health would support the monitoring and impact of these opportunities on wider health determinants using the 2017 audit data as a benchmark and the Public Health Outcomes Framework indicators (PHE PHOF).

RESOLVED that the report be noted.

63 HEALTH AND WELLBEING BOARD INFORMATION ITEMS

There were two Health and Wellbeing Board Information Items:

- Delayed Transfer of Care (DToC) Performance Update (Report ACH20-014)
- Sexual Health Needs Assessment (Report ACH20-011)

RESOLVED that the Information Briefing be noted.

64 WORK PROGRAMME AND MATTERS OUTSTANDING

Report CSD20018

The Board considered its work programme for 2019/20 and matters arising from previous meetings.

The Director of Adult Social Care reported that in relation to Minute 24, a meeting had been scheduled the following week with Councillor Cooke and Councillor Ellis, to discuss what DToC information was required to ensure that the Health and Wellbeing Board was meeting its statutory duties.

A number of items were added to the forward rolling work programme for the Health and Wellbeing Board as outlined below:

- Update from Mytime Active (11th February 2021)
- Bromley Safeguarding Children's Partnership update on emerging trends, themes and patterns (every 6 months)

RESOLVED that the work programme and matters arising from previous meetings be noted.

65 ANY OTHER BUSINESS

Coronavirus Update

Board Members were provided with a handout on information relating to the Coronavirus. It was noted that Public Health England was an excellent website for sourcing the most reliable and up to date information, as it was being continually updated. The Director of Public Health advised Members that a link to the Public Health England website would be added to the London Borough of Bromley website.

The Managing Director, Bromley CCG informed Members that communications relating to potential cases had been distributed by Public Health England to all hospitals and GP practices. Patients would be advised to stay at home, and algorithms had been provided in relation to the symptoms they were presenting.

Meeting dates – 2020/21

The Chairman highlighted that a draft Programme of Meetings for 2020/21 had been circulated to Councillors. It was suggested that a request be made to the General Purposes and Licensing Committee for the meeting of the Health and Wellbeing Board scheduled for 25th June 2020 to be moved back to 2nd July 2020. Board Members agreed, noting that it would allow more separation between meetings.

RESOLVED that the issues raised be noted.

66 DATE OF NEXT MEETING

The next meeting of the Health and Wellbeing Board would be held at 1.30pm on Thursday 30th April 2020.

The Meeting ended at 4.06 pm

Chairman